# GOLFChicago

Chicago's Premier Multimedia Golf Source & Authority

April 2016, Vol. 20 No. 2

### Our Favorite Chicagoland Courses

### Glenview Park GC Renewed

### Mom's Day Gift Guide U of I's Mike Small

Dave Pelz: Short Game Advisor
On Par with John Platt

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#### April 2016 Vol. 20 No. 2

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**GOLFChicago's Favorites** A Collection of Memories

**Exclusive Interview with U of I's Mike Small Bv Todd Mrowice** 

**Mom's Day Gift Guide** 

**Glenview Park's Renewal** Neal Kotalrek



Cover: Spring Classic Rolling Green by Tom Lynch [detail]

#### NOTES FROM GREG AND DAVE

hicagoland can experience four different seasons in the same day. We have laready had our spikes on the turf in 2016, and have experienced rain, snow, sleet, and sunshine. Judging from the parking lots at local courses, links fever is making its way across the suburbs. During a recent early-bird round, we pounded our first peg after a frost delay, and then battled chilly, nor'easter winds. By the time we reached the last hole, we were in shirtsleeves. Life was good...

The following day a friend encouraged us to join him for a round of golf at Orchard Valley GC. During the back nine, our friend poised a talking point that carried the conversation until we holed out on 18. Our friend, John, said, "I want to get better at playing golf. That's my bucket list." We talked about how easy the game was when we were in our 20s and 30s. We used old steel-shafted clubs with slick grips, chased old man par, and played smart golf with flawed swings and equipment. We couldn't blame the ailing state of our scorecards on kids, on marriage, or on five-hour rounds with cantaloupe-sized drivers.



"I only open this bar when Bob there putts. He tends to take his time."

Back in the day, we plumbbobbed because we thought it worked. Threeputts were cause for ridicule, and our metal-spiked soles clicked on concrete. We didn't try to play like a PGA Tour god; we played around trouble and took great pride when we finished a round with the same ball. We knew nothing about swing planes,

golf architecture, or what brand of

clubs the Masters champion used. Sandies, barkies, and greenies earned you a point; 300-yard drives required firm turf and a cart-path hop. We played a game, not a brand of equipment.

We were fearless and focused because we played a game with a group of friends. We made time to knock a Spaulding Dot or Wilson Staff (sometimes a Club Special) around a park. Rain, snow, or heat, we played a game. We kept score. A mulligan was hearsay. Moreover, you did not give yourself a putt. The secret to playing better golf is to play more golf.

Go out and play the game. A bucket list does not need to be about Pebble Beach: a few friends will suffice.

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\*At participating golf courses



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EXONES

# **Prescription for Players**

Bridgestone, a company who knows a thing or two about the rubber meeting the road, introduces AMATOUR Core to their B330-RX ball line. A larger core makes it easier to compress the ball at impact; the RX series also features a self-repairing cover. Remove the image of a lizard regenerating its tail; the ubersoft cover actually bends before it cracks. The softer cover also provides more checkup on approaches, which was our first observation when we put the RX-S in play. That kind of action around the green is just what most golfers are looking for in a premium ball. While not a Tour ball, if your swing speed is less than 105 mph, then the B330-RX series will give you a few more shots to attack the pin.

\$45 (de



Phenom Fairway

3

The Exotics EX9 fairway woods from Tour Edge are the latest addition to golf's strongest fairway woods. Exotics may not be the sponsor on the bags of the top players on the PGA Tour, but an Exotics fairway wood has been in the bag of many players hunting for a major championship

the fairway, and it cuts through US Open rough like a hot knife through on Sundays. The new EX9's slipstream sole initiates ideal turf interaction from cream cheese. An adjustable weight port in the heel promotes little bend to straighten a slice or deliver a draw. \$230

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#### **Shift Toward the Toes**

INSTRUCTION **ON PAR** John Platt

Golfers know how frustrating the sport can be, especially in the spring when we start to shake off the rust from the winter. In order to start the season on the right foot, it is important to pay attention to your feet! Correct posture can allow for success, while an incorrect posture can make this challenging game even more challenging.

Many golfers are told to start by setting up in an athletic position. However, this advice commonly causes confusion, as it can result in golfers putting too much weight on their heels (picture A). My advice is for golfers to shift more weight towards their toes, so they are centered on the balls of their feet (picture

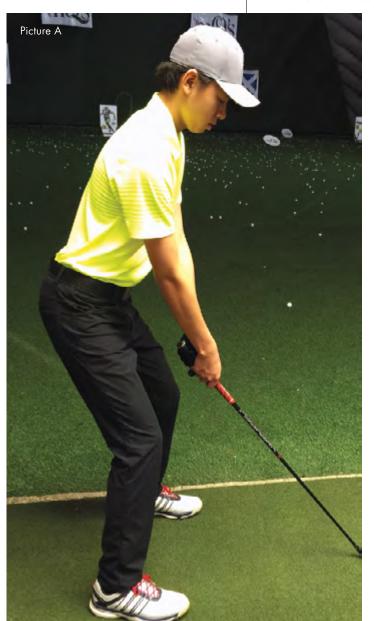
B). This starting position makes it easier for golfers of all abilities to turn during their backswing and downswing instead of flexing their knees and sliding, which can lead to a number of problems.

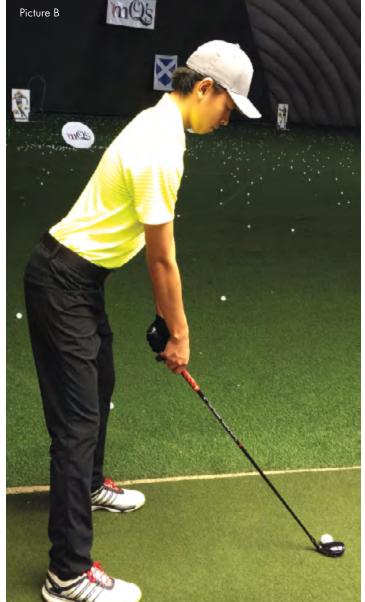
To help you find the correct starting position, try this drill: when you set up to the golf ball, lift your heels off the ground so you are standing on the tips of your toes. Then, slowly lower your heels gently—making you feel like you are falling off a cliff! When your heels gently touch the ground, your weight should be squarely on the balls of your feet. This is your starting position!

From this position, it is much easier to start your swing by moving your weight correctly to the inside of your back leg, and preventing the dreaded "sway." This will also make it much easier to shift your weight to the front foot during your downswing, which will result in a well-balanced finish.

The game of golf is difficult enough, so be sure to learn the proper fundamentals so you can start off on the right foot! Try this new athletic posture; your game—and your back—will thank you.

John Platt is a PGA teaching professional at McQ's Golf Dome and Mistwood Golf Club. John has won numerous awards including IPGA Teacher of the Year and IPGA Junior Teacher of the Year.









#### **Buried, But Still Alive**

INSTRUCTION **SHORT GAME ADVISOR** 





When you face a greenside bunker lie that is buried, you really need to temper your expectations on how close to the hole you can land the ball. From a perfect lie in the sand, you could simply set the face of your sand wedge open, play the ball off your left heel, align a little left of the target, and your normal blast swing lofts the ball out of the sand.

From a buried lie, however, you are looking at a situation where it is easy to hit a low, ugly screamer over the green. And that is if you get it out of the sand at all. A buried lie is a hideous sight. The ball is plugged almost entirely below the surface.

Since it is impossible to create a lot of backspin, most golfers think they cannot get it close from a buried lie. You can. Next time you are faced with one of these lies, try the Cock and Pop. It's a shot I learned from my good friend and former PGA and Champions Tour pro Tom Jenkins.

#### **How to Hit the Cock-and-Pop Shot**

Play the ball off your back foot and close the clubface at address, so that the club will enter and dig into the sand first.

Cock your wrists fully as you make a short backswing.

Pop down onto the ball, and don't follow through. The resistance of the sand will

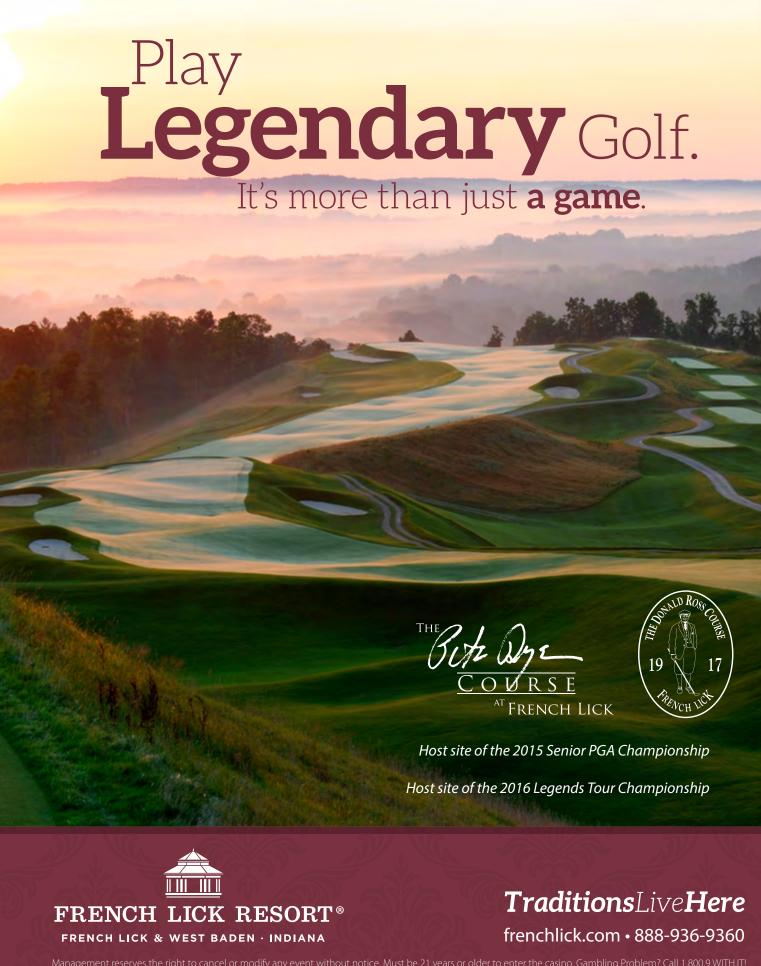


square the clubface as it flips the ball on to the green. Expect a lower trajectory than you would see from a normal blast.

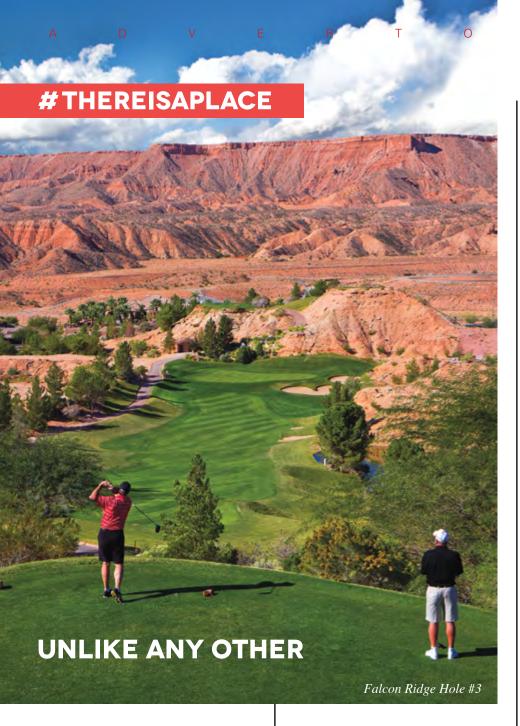
Try a few Cock-and-Pop shots from buried lies the next time you practice. Your shot pattern will be more spread out than normal, but trust the technique and you'll be surprised how often you give yourself a chance of getting up-and-down, even when it looks impossible.







**YEAR ROUND** 



#### No, that's not **GOLF ON MARS.** but pretty close

eing inspired by your surroundings while golfing is one of the most relaxing feelings... especially when you're playing well.

St. George, Utah is quickly becoming the new tradition for destination golf trips, and it's easy to see why. Impressive courses, intriguing terrain and inviting rates are sure to impress your golf group.

By now you've probably heard of the Red Rock Golf Trail with it's 10 amazing courses, like Sand Hollow, Coral Canyon and The Ledges, just to name a few. That's 189 holes to get your game on. Oh, and not to mention they're open for play 365 days a year. Off season? No such thing in St. George.

With daily flights into St. George on Delta and United or just 90 minutes north of Las Vegas on I-15, getting there couldn't be easier. Going home...well, that may take some convincing.

You've played the same old courses and been to the typical desert golf destinations countless times. It's time to revitalize your game on the Red Rock Golf Trail in St. George, Utah.

#### **Area Courses**

Sand Hollow Golf Club has it's own standard for unique course design that includes an 18 hole championship track as well as a walkable 9 hole links style course. Have you ever played golf on a cliff? Well, get ready because on this John Fought course, you might find yourself teeing one off over the edge just to see how far you can make it fly.

Coral Canyon Golf Club is all about the colors. You will be amazed at how green the fairways are in this rustic desert. The fairways here are wide and nicely forgiving - so go ahead, flex your muscles and go for your longest drive. The most common thing golfers say about Coral Canyon is just how fun it is. Golf? Fun? Hmmm, now there's an idea.

The Ledges Golf Club comes with unique views of it's own. The red rock panoramas from the rim of Snow Canyon State Park make you feel like you're playing golf in a postcard. Designed by renowned golf course architect Matt Dye this course has a friendly atmosphere with an upscale pro shop and delightful restaurant.

Falcon Ridge Golf Club is another desert gem on the Red Rock Golf Trail. Just 40 minutes south of St. George, it's totally worth the drive. This course has so many water features you'll forget you're golfing in the desert. With all its elevated tee boxes you'll see a side of golf vou've never seen before.

Sky Mountain is as scenic as it is challenging. The course is appropriately named for the amazing views from the elevated tee boxes. Don't be

surprised if you find yourself gazing off at the cliffs of Zion National Park and the azure rim of the Pine Valley Mountains in the distance. Anywhere you look and anytime you play, it's simply gorgeous!

Sunbrook Golf Club is right in town and has a great variety of what the Red Rock Golf Trail has to offer. Play from the top of the bluffs to the desert floor. Shoot through black lava rock and try to avoid the red sand traps. There is even a par 3 island hole that will leave you dreaming about a hole in one

Green Spring Golf Club is a favorite among locals and guests. Holes 5 and 6 have you shooting across red rock ravines that will get your heart racing. There is plenty of water here to have fun with, especially on number 15. You might find yourself wanting to tee off a couple extra balls just to see if you can cut the corner to the green

Southgate can be a walkable course for those looking to mix a little exer-

cise in with their golf game. This is a "doable" course that weaves alongside the Santa Clara river – just close enough to make it beautiful and keep the game interesting. Eight of the first nine holes have water features, so you've got to be accurate. But the fairways are wide, so there's usually a safe place to play.

St. George Golf Club is another course you won't want to miss. Open since 1976, this course is a local tradition with large greens that make for long and rewarding putts. It's another great course to walk to mix a little exercise in with your game. There are three par 3's over water that you'll have fun with, along with a couple holes where the greens are on a small peninsula.

Dixie Red Hills is the pioneer of St. George golf, opening for play in the mid 1960's. If you want to play in the red rocks, you can't get any closer than this. You'll

be calling shots off the boulders, around the cliffs and through the trees as you find your way to the green. The fairways are lined with large cottonwood trees which are great for shade and keeping your game on track. It's a perfect place for a quick nine holes right in the heart of St. George.

For more information or package planning assistance, visit:

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# Our Havorites

GOLFChicago Staffers Share Their Favorite Courses Across Chicagoland

For twenty years, we have been asked one question more than any other.

What is the best course in Chicago?

Actually, there is an easy answer to this question. We do not know best, but we can tell you our favorite courses. Back in 2005, during a chat with golf journalist Jeff Rude, golf course designer Greg Martin, and videographer Dave Lockhart, we tried to reach a consensus for the criteria of best course. After a few rounds, Rude, Martin, Dave Weretka, Lockhart, and Greg Jourdan agreed that best is far too subjective. The national magazines rank courses by design era, by state, and country. These lists are fun talking points at work, on the patio, or while waiting to tee off on a par 3. However, these conversations are benign because a national list is not an intimate collection. When a regional magazine lists

its Best Courses ranking, it is like ranking your kids

with a rubric chart. That is not our intention here.

Because it is our 20th year, we thought we should share a few of our favorite courses with our readers. It was our intention to select the courses that hold special memories. Obviously, we love Chicago's Mount Rushmore of golf courses. After all, Chicagoland is home to Cog Hill, George Dunne National, and Harborside International. Moreover, we would be remiss not to mention our affections for places like Arrowhead, The Glen Club. Cantigny, Shepherds Crook, and Big Run. We may have missed your favorite, but we encourage you to share your favorite course on our facebook.com page before the season is over. After all, is there anything more fun than talking about your favorite golf courses?

#### Something Old and Something New By Dave Weretka, Publisher

I am a sap for old golf courses from the golden era of golf design. When I am at Old Oak Golf Club in Homer Glen, I cannot help but envision golfers playing golf here almost 100 years ago. This family-owned course has been around since the 1920s. It has gone through a facelift recently, and it is a real test of golf. It is always in great shape and continues to





be a course that stands the test of time. With mature tree-lined fairways, shot placement is the key on this gently rolling track. Hole 11 has been redesigned, and it is a true test of golf. This long par 4 is a dogleg right that requires a long iron approach to an island-esque green. www.oldoakcc.com

Mistwood Golf Club in Romeoville has positioned itself as one of the best golf facilities in the nation. I play a lot of golf and very few places compare to Mistwood. The course is a shotmaker's dream. Mistwood's signature, sod-faced bunkers make it a unique experience here in Chicago. Don't feel tempted to pull out the driver on every hole, or you may end up blowing up a scorecard from one of the deep, gnarly traps.

A quick trip through my favorite places on the course begins at hole five, which is guarded by water on the right and fescue on the left. Pot bunkers, left and right, guard the three-tiered green. Next, avoid Lake St. James and enjoy all that Kelpie's Corner has to offer (holes 14 - 16). On the 15th tee, be sure to gauge the wind direction and decide on how much of the corner you want to chew off.

Mistwood is comfortably settling into its own skin with the addition of the new amenities that include McWethy's Pub, a pro shop, and a world-class practice facility. Mistwood is a Chicagoland treasure-every golfer must stop and play this season to experience a long awaited dream that has now become a reality. It doesn't get any better than this! www.mistwoodgc.com

#### Photographic Intimacy

By Greg Jourdan, Editor

My favorites list could fill an almanac, so I have selected two courses that I have photographed and learned their nooks and crannies with a lens. I spent a few days photographing The Highlands of Elgin before the full 18-hole layout was open for play. I waited for clouds to clear and the sun to shine. I also followed deer into an eerie graveyard adjacent to the fifth hole. At sunset, I watched the course go to bed as a leash of foxes waited for me to return to the clubhouse. These scenes repeated for three days.

The quarry loop, holes four through eight, is oozing with character and variety. The itty-bitty fourth hole is one of my favorite one-shot holes in the state. The next hole runs toward the historic Elgin Mental Health Center. Its smoke stacks are your target line to the green. Another favorite one-shooter is hole



seven, which always seems to take more club than you swung. The risk/reward eighth hole is a cape-style hole that begs the brave to find the green with a driver, although a mid-iron and less hubris are the best route to par. www.highlandsofelgin.com

Lost Marsh Golf Course in Hammond is another course that is unique and memorable. I met Lost Marsh with my camera. A special magic happens when you are on a course during the golden light hours. The intense sunrays reveal the humps and bumps. Those rays also beckon the wildlife to come out and play.

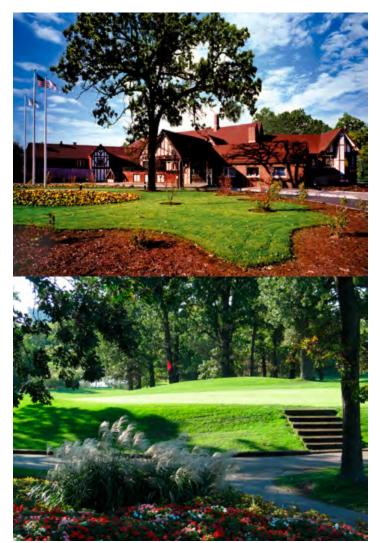
I have heard Lost Marsh described as a links course, but this label is misleading, if not entirely incorrect. While the course is owned and operated by the Port Authority, it is not a links course in nature; it is a course linked with nature. The lake holes are difficult, period. Holes four and five are humbly narrow and give no quarter to any bend in your tee shots. Each time I tee off on those holes, I feel like I am trying to land a golf ball on a cart path. The remaining front nine holes weave through a wooded park with smoke stacks peeking through the treetops. Lost Marsh has that special charm that creates golfing memories, even if a couple of holes feel like a root canal. www.lostmarshgolf.com

#### My First Love

By Todd Mrowice, Senior Writer

I am guessing that I am the only writer at GOLFChicago magazine who is going to pick a course that is no longer open. I could not help myself. My favorite course in Northern Illinois is Oak Meadows Golf Course in Addison. The course shut down in early July with a scheduled rebirth in 2017. I'll be waiting for Director of Golf, Ed Stevenson, to unlock the door to the highly anticipated new layout.

So why pick a course that nobody can play for a while? Simple. Oak Meadows was the first course I ever played, and I played it over a hundred times with the man that introduced me to the game of golf. That man is my dad, Brock Mrowice. He and seven of his closest friends held permanent times at Oak Meadows at 8:00 and 8:05 for just about 20 years. It is also safe to say that Oak Meadows is where I learned to swear and when to "press" in my match.



Oak Meadows, to me, embodied everything that is Chicago golf. The layout was somewhat simplistic, but every single hole was tree-lined with little margin for error. In fact, I would put the first three holes up against any others as far as difficulty goes. The course's rich history dates back to its days as Elmhurst Country Club where Ben Hogan won the Chicago Open in 1941. Oak Meadows will always hold a special place in my heart. My bucket list includes playing a round there one day with a foursome consisting of my dad, my son who is almost one, and my nephew (Jacob) who is five, and myself. www.dupagegolf.com

Another favorite course is where I cut my teeth in the golf industry. I grew up about a mile away from Schaumburg Golf Club. When I was a kid I would strap on my Sunday bag, hop on my bike, and head over to SGC. I would hit balls, chip, and putt until after dark. I have always considered it my "home course." Former Director of Golf Preston "Pepi" Irwin hired me as a cart attendant when I was 15, and I climbed the ranks to the pro shop staff, where I took tee times (on paper, not online). The course is always in pristine condition, the greens are fast, and the staff keeps play moving. My favorite hole has to be #6 on the Player's Course, a 440-yard, par 4 that makes or breaks my round.

#### Thanks for the Memories By Bill Daniels, Founder

My golf life began in 1959 at Sunset Valley Golf Club, the municipal course in Highland Park. I was twelve and had just started caddying at a private club, Briarwood Country Club in Deerfield. I would ride my bicycle to Briarwood, caddie one or two loops, and then ride home so that my mom could drive me to Sunset Valley. I would practice and play until dark.

In those days, the course was affectionately called "The Bumps." The course did not have watered fairways, so by August the fairways played like airport runways. The greens were not much softer. A drive would run forever. Flying a wedge to the green resulted in one big bounce on and over the green. Therefore, I learned to hit the bump and run. That shot became a staple for me. When I travelled to Scotland in 1992, I thanked The Bumps for teaching me that shot.

In recent decades, the city leaders recognized the value in daily fee golf and upgraded the entire facility. They started to water fairways too. The Bumps may be history at Sunset Valley GC, but my bump-and-run short game still saves quite a few pars



for me. The Bumps also has its own version of the Swilcan Burn, but that is another story. www.sunsetvalleygolfcourse.org

#### City Golf By Dave Lockhart, GOLFChicago TV Videographer

Growing up in the city, my golf experiences were limited in selection, yet full of character and characters! Sydney Marovitz Golf Course is one of the few courses that are actually in the city of Chicago. Formerly known as Waveland, this somewhat links design was modeled after famous holes in Scotland-which holes they replicate I never figured out. "Waveland" is a bustling 9-holer right next to Lake Michigan. It has fabulous views and is known to some of my friends as The Poor Man's Pebble Beach.

Back in the day, there were entrepreneurs who would sell cans of beer to you from the other side of the fence on the fifth tee. and sometimes another guy doing the same at the seventh. With the big blue lake to the east, high-rise dwellings on the west, and stunning views of the skyline to the south, it is hard to match this location for a comprehensive Chicago experience.

The strategy at Sydney Marovitz is not length; it is solid shot making over and around deep bunkers and elevated greens. While Pebble is at least \$500 a round, you can play a fine nine at Marovitz for a mere \$25 bucks!

Another favorite course is Canal Shores in Evanston. It was once known as Peter Jans Golf Course and Bill Murray worked here during his teenage years when it had another name. More importantly, this is where I hit my first golf shot on a real course. Getting there is half the fun; you can take the EL right from the city, and it literally drops you off at the first tee. This 18-hole layout plays to a length of about 4,000 yards and par is 60. The course has always been geared for beginners and the casual player, but I think it is a model for faster play. Its length also encourages walking. Canal Shores was renamed because of the unique water hazard known as the Sanitary Canal that





bisects the course. Canal Shores is really a fun track that shows off a lot of Evanston and Wilmette from the impressive Baha'i Temple on the front side, to Ryan Field, which is just a block away. The greens are small, some may even call a few of them peanut-sized, but it is a piece of the charm of a community course that has a special place in my heart.

#### **Swinging a Different Tune**

**PROFILES** 

**Todd Mrowice** 

Swing analysis. Not that long ago, those words were not commonplace in the world of golf. Swing analysis was something you had to pay big bucks for and put aside hours of your life to obtain. The people at Zepp (www.zepp.com) have developed (and dare we say, perfected) a cost efficient, accurate, and fun way to learn about your golf swing. At just \$150, Zepp has brought swing analysis to the masses.

The Zepp swing trainer clips to any golf glove and weighs practically nothing. Fitting into your busy schedule, you can use it on the range, in your garage, or if you have high ceilings in your home. The device pairs via Bluetooth and the user-friendly app to show you instant results. Zepp reports that just 30 swings per week will crunch 90,000 data points. So just what does it tell

you? Club-head speed, swing plane, tempo, backswing position, hip rotation, club plane, hand plane...pretty much everything, except that your golf outfit does not match. Most importantly, you learn how to replicate your ideal swing.

You learn this by comparing yourself to the swings of players like Keegan Bradley, Michelle Wie, and Brendan Steele. On your journey to improving your swing, there are a number of resources for you to reference for help. Most notably, each analysis area has video drills to show you how to reach your goal in that particular area.

In my testing, my lack of hip rotation was the main culprit. The device measures the number of degrees you rotate your hips on the backswing and then the degrees at impact. When I accessed the Training Center,

I found a Left Foot Open Hip Drill, Impact Drill, and Spine Angle Drill. All of which allowed me to work on this particular area of need. On a side note, it is amazing to see results of proper hip rotation. Michael Breed and Nick Faldo can say it a million times on television, but until you experience it, you do not know what you are missing.

For my swing, I was missing about 10 to 15 yards off the tee. If there is a downside, then it is that I need to retrain the lump on top of my shoulders. Now every iron goes ten yards farther. Overall, the Zepp swing trainer is one of the best golf tech items I've come across, period. I like that it tells you what you do best, and what needs work. Speaking of which, I have to work on that golf outfit now that my swing is improving.





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\*Offer valid March 22 — May 24, 2016. Specials cannot be combined with other discounts and must be paid in full and booked with Reservations at least 48 hours prior to play. Specials do not include play at Lakewood Golf Club. Specials do not include tax or lodging. Not valid with previously booked packages. There is a \$10 surcharge for each round on the Judge at Capitol Hill. Ross Bridge specials are available Monday - Thursday from \$199. Some restrictions may apply. Offers subject to change

### SWEET HOME CHICAGO

#### Chicago Spotlight

#### **GOLFChicago at 20**

So much about golf in Chicago has changed since the first issue of GOLFChicago was in your hands 20 years ago.

Courses were opening, not closing. The game was booming. Everybody wanted in. The Western Open was still the crown jewel of the PGA Tour in the summer, and Cog Hill basked in the glow of being a popular tournament stop. Tiger Woods was, until the late summer of 1996, an amateur sensation, clearly a star in the making.

Now a course renovation is a big deal. More owners than would admit it would sell in a heartbeat if someone gave them a decent offer, even if that meant bulldozers were revving up around the corner with evil intent. The Western, long ago retitled the BMW Championship, drives through every two years, albeit with a glamourous cast. But Woods' greatest days are a memory.

The intervening decades saw the greatest tournament in Chicago's lively golf history —the 2012 Ryder Cup at Medinah Country Club—fall into European hands with a dramatic Sunday rally. Woods won seven times in the neighborhood, five times at Cog Hill, and twice at Medinah. His triumphant march down Dubsdread's 18th fairway in 2007 is seared into the memory bank of anyone who was there. Rich Harvest Farms got on the map with the 2009

Solheim Cup—in that case, it was the Americans rallying in the final hours—and was to host this year's International Crown before owner Jerry Rich and the LPGA clashed. Merit Club will welcome the ladies instead.

The equipment revolution continued apace, with every innovation in clubs and balls hailed by marketers as the solution to every hacker's woes, though neither you nor I are probably any better now than we were then. The average handicap is just about the same. Maybe those persimmon clubs in the corner of the garage are still good with a regripping, no?



Novelty abounds, some of it gaining a foothold. Based on the wait to play on an average evening, Topgolf appears to be here to stay, but footgolf? Maybe not.

"Maybe," in fact, is the best word to use when surmising what comes next. The game's growth was derailed by the double whammy of 9/11 and the Great Recession, and the lingering aftereffects of the latter still resonate on golf's business side. It clouds forecasts of what may come.

Maybe the economy strengthens and people find enough loose change in their pockets to enjoy the game more often. Maybe the country clubs which once had waiting lists fill their membership rosters again. Maybe kids play less soccer and more golf, which gets mom and dad back on the course as well.

Or maybe there's another recession, more courses close, and the roster of area country clubs shrinks by a third. Maybe municipalities which once elbowed their way into the game seeing the combination of green space and a filled tee sheet as a profit center turn fairways into parkways with fivemile long bike paths. Maybe more courses go the way of Timber Trails and Evergreen. two stalwarts of the 1920s converted into housing and shopping centers after 75 years of birdies and bogeys.

As it always has, the future of the game relies on retaining current players and finding new ones. For all the grow-the-game concepts that have come and gone—all the way back to LPGA-USGA Girls Golf in 1997—there has been no reliable promotion that has worked over the long haul. Maybe The First Tee will actually plant the seed in nine-year-olds to come back again and again as adults.

For those nine and older who have been hooked, who

are in it for life, one thing will never change: The beauty within the game, in all its forms. The smell of the dew in the morning. The light filtered through the trees. The friendly voices of old friends needling each other from the practice range to the 19th hole. The laughter coming from the next fairway. The warmth from introducing someone else to the game. The thrill of clearing the pond that usually grabs a ball. The delight in making the curling downhill 12-footer with a fin on the line.

All of that brings us back time and again, whether the outlook for the business is glowing or dismal. All of that is everlasting.

#### Inaugural Women's Golf Day

Same day—same time—across the globe.

On June 7th, a forwardthinking band of professionals are ready to launch an innovative platform for girls and women in golf. Unlike most think tank ideas intended to expand participation, Women's Golf Day has an inviting and realistic formula to increase the presence of women on the golf course. The formula begins by removing the intimidation of learning and playing a game with deeplyrooted misconceptions.

Women are a deciding factor in home purchases, country club memberships, and where the family vacations. No one is going to

make an important decision without their spouse. Women are an equal partner in the economy, yet golf seems to have missed the boat. Elisa Gaudet, President of Executive Golf International, is the founder of Women's Golf Day. She shares, "Over the last couple of years, you can see that the NFL has absolutely recognized women as economic influences to their brand."



Everyone involved with Women's Golf Day is a volunteer and a specialist in their respective business field. "This is the golf industry working together." Gaudet commented. With a lot of help from their friends in the golf industry, Women's Golf Day has established traction for its events, but the interest does not stop at our borders.

"I am on top of the moon that Waterville Golf Club in Ireland is involved. It's the first course in Europe to have women as members and the club carries a lot of prestige." Gaudet adds, "I didn't see Women's Golf Day reaching Europe in its first year. Canada, yes, but I have calls from Spain and I just got a Facebook message from a guy in Slovenia. He is a head professional and wants to sign up for the day."

The word is out. All PGA Tour Superstores and Topgolf facilities are hosting girls and ladies at each of their locations. With Topgolf locations in Wooddale and Naperville, and PGA Tour Superstores in Downers Grove and Schaumberg, Chicagoland's women just need to show up and enjoy the festivities.

The program calls for

golf courses and retailers to stage a four-hour event on June 7th from 4:00pm to 8:00pm. Hosting Woman's Golf Day can be free, or not. The agenda suggest that participants play nine holes, or spend the first two hours taking lessons, hitting demo clubs, or just acquainting themselves with the host site. This is meant to be a warm introduction to the game and to the local golf community. One of the initiative's goals is for girls and ladies to build a golf community and a relationship with the host sites. At 6:00pm, all golfers meet for socializing and networking. Some sites have guest speakers and other activities to get the ball rolling. For a current list of

For a current list of participating golf facilities, visit www.eventbrite.com/o/womens-golf-day.

#### **Down Memory Lane**

#### Casper Bids Tam Adieu

For most of a quarter-century, the greats of the golf world gathered at the corner of Howard and Caldwell avenues in Niles to do battle with each other over the leafy acreage of Tam O'Shanter Country Club.

The last of those gatherings came a half-century ago, when the Western Open was staged at Tam for a second straight year, some three years after club owner George S. May, the visionary who ushered the game into the big-money and television eras, had died.

Most of the course would become an industrial park – there's a short nine left for commoners to cavort on – but before the bulldozers rolled in, Billy Casper barged into the winner's circle in Tam's finale.

He'd opened with a 1-under 70 and was four strokes and 22 places behind leader Rex Baxter after the first round, but a Friday 66 moved him into third, and the race was on. Baxter faded, defending champion Chi Chi Rodriguez fired and fell back, amateur Jim Weichers made a bid to match Chick Evans' triumph of 1910 but fell short, and Tony Lema almost had writers tasting Champagne in the press room with four rounds in the 60s. Eventually, it was Casper's role to catch and pass 54-hole co-leaders Al Geiberger and Jack McGowan.

Casper, who hit 59 greens in regulation over four rounds, surged along with Rodriguez on Sunday. Casper, out ahead of the others, eagled the par-4 fifth hole by driving the green, 305 yards distant from the tee, then dropping an 8-footer for a deuce. He was out in 6-under 30, in 1-under 34 for 64 and 14-under 270, then found a perch to watch Chi Chi, Geiberger, and McGowan finish.

There were no dramatics on the level of Lew Worsham's pitch-in eagle at Tam's last hole, the shot that knocked Chandler Harper into second place in the 1953 World Championship. Rodriguez's eagle bid bounced to the back of the green, and he settled for a 65. Geiberger was out of contention, and McGowan left his eagle approach in the fringe and settled for par and a tie with Rodriguez, two in arrears.

For Casper, it was the beginning of a regular friendship with the WGA's J.K. Wadley Trophy. He would mount a successful defense at Medinah in 1966, and win two more Westerns at Midlothian in 1969 and 1973. But the last hurrah at Tam was something to remember.

—By Tim Cronin

#### **GOLFChicago Wire**

#### Maryville Academy Highlighted On Golf Channel's **Morning Drive**

The outstanding youth golf program at Maryville Academy in Des Plaines was featured on Golf Channel's "Morning Drive" program in March in celebration of the PGA of America's centennial. Maryville Academy was founded in 1883 and serves as a childcare organization dedicated to helping children and their families achieve their fullest potential.

In 1994, Illinois PGA Section Foundation officers partnered with the Maryville Academy Board of Directors to create a program to introduce golf to Academy children. The program's director, Illinois PGA Professional Juan Espejo, has grown the program to reach approximately 800 participants annually.

The PGA Section Spotlights series are scheduled to run on the Golf Channel through May 4th. To learn more about the Maryville Golf Academy, visit the Maryville website at www. maryvilleacademy.org or call 847-294-1834.

#### **Chicago Park District Announces The First Tee Program Schedule**

Both the city's northside and southside will offer seven-week Chicago Park District golf programs designed to teach basic golf skills and The First Tee Nine Core Values this spring and summer. The programs cover two age divisions: 7 - 10 vears and 11 – 13 years. Robert A. Black Golf Course and the Diversey Driving Range are the locations of the north side programs, while South Shore Golf Course and Jackson Park Driving Range will host the south side programs. The practice schedule dates for both programs are April 19th and May 24th between 5 - 6 p.m. or 6 - 7 p.m. dependent upon the age divisions. Matches will be held at 5 p.m. from April 28th

On-line registration for these programs and others is available at: www.TheFirstTeeGreaterChicago.org.

#### **Four Winds Invitational to Benefit MedFlight Team**

The Pokagon Band of Potawatomi Indians and its Four Winds® Casinos will direct proceeds from the fifth annual Four Winds Invitational to Memorial Children's Hospital. Money raised this year will help fund the purchase of a portable ultrasound for the hospital's MedFlight Helicopter Program and goggles allowing children to watch a movie or TV show during an MRI. More than \$267,000 has been donated to Memorial Children's Hospital over the past four years.

The 2016 Four Winds Invitational, as part of the Symetra® Tour — Road to the LPGA®, will be held from Friday, June 17 through Sunday, June 19 at Blackthorn Golf Club in South Bend. "We are honored to continue our relationship with the Pokagon Band of Potawatomi Indians and the Four Winds Invitational," says Phil Newbold, CEO, Beacon Health System, the parent organization of Memorial Children's Hospital.

The Four Winds® Invitational was established in 2012 and is sponsored by the Pokagon Band of Potawatomi Indians and

its Four Winds® Casinos. It is held at Blackthorn Golf Club, located at 6100 Nimtz Parkway. South Bend. Indiana. The tournament features a field of professional women golfers from around the world. More information is available at www. fourwindsinvitational.com.

#### Goss Elected as New President Of The First Tee **Board of Governors**

Northwestern University's Director of Golf and Player Development Pat Goss has been elected as President of the Board of Governors of The First Tee of Greater Chicago. Goss replaces Bruce Patterson, who served in that role for seven years. Recognized as the 2012 Illinois PGA Teacher of the Year, Goss has served on The First Tee of Greater Chicago's Board since 2008.

"Pat is a well-known and respected professional in the golf industry," says Lisa Quinn, executive director of the program. "His experience and leadership will be invaluable in helping us reach our goals to expand our programs, develop facilities for youth development, and make a positive and lasting impact on the youth we serve throughout the Chicagoland area."

The First Tee of Greater Chicago maintains an outreach program at 17 facilities across the Chicago Metro area that is reaching an estimated 40,000 young people.

#### **Super Bowl of Golf Returns**

For the first time in almost a decade, The NFL Alumni 2016 Charity Golf Classic returns to Chicagoland and will be held at Cog Hill Golf & Country Club in Lemont. The event will be held on Monday, May 23, 2016. The event supports the NFL Alumni's Mission of CARING FOR KIDS. This initiative raises funds for pediatric cancer research at a Signature Gateway for Cancer Research Event. Participants meet and play with NFL Alumni, and the grand prizewinner of the local NFL Alumni Chicago Chapter 2016 Golf Classic will qualify for an all-expenses paid trip to the 2017 NFL Alumni Championship Super Bowl of Golf. Winning teams at NFL Alumni tournaments compete for the NFL Alumni Championship and the Super Bowl of Golf Ring. The Super Bowl of Golf is a one day, 18-hole team scramble in April. For ticket and sponsorship information, visit www.chicago.nflalumni.org or contact Nicole Bradley at nbradley@8nineagency.com or 509-999-5983.

#### **Gaylord Golf Mecca Serves Up Free Golf Weekend**

Golfers across the Midwest are invited to head to the Gaylord Golf Mecca in Northern Michigan for no-charge golf the weekend of April 22 – 24. The heavily forested area has won national awards since the 1980s for providing some of the Midwest's premier golf experiences. Participating properties in the promotion include the Tom Fazio course at Treetops, the Robert Trent Jones Masterpiece Course at Treetops, Black Lake golf course designed by Rees Jones, and the classic Gavlord Country Club course.

The free golf weekend includes a complimentary round of golf with a paid night's lodging at one of the area's participating hotels, including The Natural, Michaywe, Elk Ridge and The Classic at Otsego Club. Visit the Gaylord Mecca's website for reservations and more information: www.gaylordgolfmecca.com/ free-golf-weekend.

#### **UL Crown Volunteer Opportunities**

The Merit Club in Gurnee will host the second UL International Crown July 19 – 24. The event is based on the Rolex Women's World Rankings and has eight countries competing for the international championship. The countries qualifying for this year's UL Crown are the United States, Japan, Thailand, China, Australia, England, Chinese Taipei, and the Republic

The UL Crown International is seeking volunteers to help during the week of the event. For volunteer information, visit www.ulcrown.com/volunteers, or email crowninfo@lpga.com.

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hen it comes to sports in the state of Illinois, we're mainly known for our professional teams. Our Cubs and White Sox flags fly proudly from our cars. We wear our Blackhawks sweaters to the grocery store. Our televisions tune to the Bulls in the evenings. And you better not plan a family function during a Bears game.

All of this love for professional sports comes with a certain disconnect from collegiate sports. The state rarely has a consistent and competitive team to get behind. Look no further than the 2016 NCAA Basketball Tournament. Not a single team from Illinois, men or women.

But since we are a golfing public, there's a team down in Champaign-Urbana that we can all root for. A team that wins (consistently) and a team with great leadership and character. The Illinois Fighting Illini men's golf team is not only a great story; they're a legitimate contender in a collegiate sport that usually is dominated by warm-weather schools.

13 Big Ten Championships (including 2015). 23 NCAA Championship appearances. 2 NCAA **Individual Champions. Statistics normally** reserved for schools like Arizona State or Stanford. The main piece all other schools are missing? Mike Small. The Fighting Illini head coach is in his 16th season, and when all is said and done, will be one of the most decorated collegiate golf coaches ever. Oh, he's a heck of player too, in case you didn't know. He's a PGA Tour player, three U.S. Opens, nine PGA Championships, three-time PGA Professional National Champion, ten-time Illinois PGA Champion, four-time Illinois Open Champion, and a member of the Illinois Golf Hall of Fame.

We sat down with Mike Small to discuss his success as a coach and as an individual player.

Be Like Mike: Small Ball and The Fighting

by Todd Mrowice



GOLFChicago: Give us your scouting report of the 2015/2016 Fighting Illini men's golf team.

Mike Small: We're a very talented group, first and foremost. We lost All-American Brian Campbell to graduation. We have senior leadership with Thomas Detry and Charlie Danielson, as well as redshirt senior Alex Burge. In fact, three of our seven guys are native to Illinois. We started a little slow this year, but we're all about building momentum and finishing strong. I fully expect that this year. GC: When you recruit, what character qualities are you looking for?

MS: Well of course you have to be able to play well, that's number one. I really look for kids that want to compete in the classroom as well as on the course though. Academics are the most important aspect of their time here at Illinois. Golf is a very, very, very close second though [laughing]. I try to see where these kids will be three to five years down the road, how they treat people, and if they're strong enough. You can't compete in this game if you're soft, it will eat you up.

GC: You successfully compete against schools that play 12 months a year. Is it a handicap to field a team in the Midwest?

MS: I don't look at it that way. I firmly believe that the break we have in the winter in an asset to our team. It allows us to hit our stride later in the season, actually. Other schools have been grinding away and it's easy to tire out late in the season. We use the winter as our time to have other things in our lives, we use the spring to grow and work toward finishing strong.

GC: On that same topic, is it difficult

to convince a high school golfer that his interests are best served playing in the Midwest environment versus the west coast or a southern school? MS: Yes. It's my #1 challenge and probably will always be. I try to inform these young men that they don't need warm weather to be a successful player. Lots of PGA Tour players live in the North. Our facilities are world class and allow our guys to work on their games year round. Plus, I try to explain how the winter here works for their balance

factor in life. These guys need to get involved in other things. Have a social life, experience different cultures on campus, have a dating life. It's all really important. My best example is our 2015 All-American, Brian Campbell. He's from L.A. and could have gone anywhere he wanted, but he came to Illinois. GC: Is it harder for a Midwestern

golfer to get a Division 1 golf scholarship?

MS: I don't think so. Especially with the quality of young golfers we have.

I'm a big fan of the Illinois Junior Golf Association because they're growing the game so much in the state. They're preparing these young players for what's ahead in their golf careers.

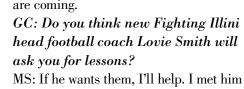
GC: Besides facing challenges on the course, you've had to face some challenges off of it with distractions from Illinois' athletic program. Has that created any issues for you with recruiting?

MS: No. A lot of what's being reported is unfounded and nothing's been proven. The lack of wins has resulted in a lot of bad press. Would a Final Four team help? Of course. It shouldn't take away from all of the great things our teams are accomplishing in baseball, golf, and tennis, among others. I take offense to a lot of what's being said, but better days are coming.

for the first time and he's a great guy.

GC: You've been one of the top Do you get more satisfaction from being an outstanding coach, or an outstanding player?

MS: I will always be a player. My



He's part of our Illini family now. golfers in Illinois for almost 30 years.



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coaching responsibilities make it a little difficult to pursue that as much, but I would never trade my coaching responsibilities. Plus, I just turned 50, so I have a whole new set of opportunities with the Champions Tour. When I coach, I'm alive. When I'm playing competitive golf, I'm alive in a different way, if that makes sense. As an individual I always need two or three things to help balance my life, so coaching and playing work hand-in-hand. I think my players respect the fact that I play competitive golf. No matter how I finish, I want to show them that I know what they're going through. GC: You played on the 1988 Big Ten Championship team at Illinois along with Steve Stricker. Did you sense at that time that he would have such a successful career?

MS: I knew Steve was going to win and was going to be a great player. I'd be lying if I told you I knew he would get to #2 in the world though. He was always a head above everyone else. Honestly, I would have never played on the PGA Tour if it weren't for Steve. Playing and competing with him made me realize how good I could be.

#### GC: Where are your favorite places to play?

MS: Too many to name. Too much good golf in Illinois in general. When you have three or four courses that could host a tour event right now, that's amazing. It's an absolute shame that we do not have a professional event here every single year.

#### GC: With all of your accomplishments, what's left on Mike Small's "golf bucket list?"

MS: As a coach, I want to win a national championship as a team. As an individual, I want a chance to be in contention at a Champions Tour event. Away from golf, I want to see where my sons (Will and Wyatt) go in life. The game of golf has been very good to me and I couldn't feel more fortunate.



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### Rebirth by Renovation Glenview Park Golf Club Reopens To Wide Acclaim By Neal Kotlarek





Plug a tee in the ground of the newly renovated Glenview Park Golf Club and you will immediately appreciate the art and science of golf architecture. Long recognized as a fun and challenging layout, the North Shore course was provided a drastic renovation by acclaimed local design firm Rick Jacobson Golf Design, who completed the work last summer. The assignment was formidable, as the project list included redoing and adjusting existing sand bunkers; adding some target sand bunkers for enhanced sightlines off the tees; providing much needed drainage improvements across the property; expanding tee areas; adding vegetation to improve aesthetics, regrading fairways where necessary; incorporating foliage and other landscaping improvements, and building a continuous cart path across the 6,133yard 18-hole property.

Glenview Park GC reopened last July to wide acclaim by local golf writers; the renovated course basically looks and plays like a designed-fromscratch layout. While regular players are certain to distinguish the origins of each hole across the property, they are even more certain to recognize the improvements made from every tee to every landing spot to every bunker to every green.

"Our regular guests are ecstatic about the final result of the work," says Director of Golf Ron Cassidy. "Glenview Park Golf Club has been a beloved golf course in the community ever since the park district began managing it in 1955," he continues. "So we were very sensitive to maintaining the integrity of the course while improving every aspect of the playing experience."

While players will notice the increased number of strategically placed sand bunkers and the larger tee areas, they will only notice the drainage improvements after a large storm drenches the course. The renovation work is expected to allow play to resume quickly following a healthy storm, whereas water buildup had previously allowed pooling to occur in lower parts of the course.

Jacobson states that storm-water management was an integral aspect of his company's renovation work. "Some fairways took on standing water after storms occurred," he says. "We created movement across those fairways and sought to improve storm-water management for both the golf course and the surrounding areas. We'll know we accomplished this mission by the turnaround time needed to get players out on the course following a significant rainfall."

Jacobson is particularly pleased with how the course looks after the renovation work was completed. "Our team was really happy with how some of the new fairway sand bunkers help golfers calculate their direction off the tee. Players who hit the ball a long way off the tee might have to go down a club or redirect their drives. Shorter players can use the bunkers as fairway targets." That strategy also helps even the playing field for higher handicap players going up against lower handicap players. The fairway bunkers will either capture long tee shots or force longer approach shots for players who have to lay up their tee shots.

One more noticeable change was the number of trees that needed to be removed from the property due to infestation by the emerald ash borer and by aging. "We were very sensitive about tree removal," Jacobson says, "but ash trees across the Chicagoland area have been devastated. The only positive that occurs from the infestation is that trees removed from green sites allow more air flow and sun to make the putting surfaces healthier."

The course begins with a delightful 302-yard par 4 that ostensibly is an easy birdie hole. But a green site pinched by two



sand bunkers on the left and a sprawling sand bunker on the right along with trees behind the shallow green will give pause to anyone looking to reach this green off the tee. Indeed, even from the fairway these aforementioned sand bunkers can make the approach shot no sure thing.

Why is the 420-yard No. 5 listed as the No. 1 handicap hole on the property? Probably due to the devious fairway bunkers to the left and right of the landing area along with the trees lining both sides. The long-iron or wood approach to the green is further tightened by a sprawling sand bunker to the left front of the green and two smaller bunkers to the front right of the putting surface. A par here feels like a birdie!

Like No. 1, the 10<sup>th</sup> hole seems a lot easier when looking at the scorecard than it plays off the tee. The par-3's 202 yards look even longer due to the large pond along the left side of the hole and two greenside sand bunkers on the right. If your tee shot somehow lands between those obstacles, a birdie could result.

The course's 322-yard finishing hole serves as an outstanding reminder of the thoughtful design work that went into the course's renovation. Mature trees reside to the left and right of the par 4 and a large figure-8 shaped pond protects the right side of the landing area. Three horseshoe-shaped sand bunkers protect an area short of the green and around the green, presumably for good luck. A large putting surface makes the flagstick more attainable, but that can also lead to threeputts, so take dead aim at the 18th and turn those horseshoe bunkers into good luck.

Do not leave the property without a stop for a cold beverage and a hearty sandwich at the Café at the Glenview Park Golf Club. The remodeled bar and dining area are extremely comfortable and provide big screen TVs to catch up on the day's sports scores.

Revisit an old friend, or travel to play what is essentially a new course. For tee times and more information, visit the Glenview Park Golf Club's website: www.GolfGlenview.com.

#### **It Happens to Even the Best**

**RULES OF THE GAME** 

**John Morrissett** 

The start of the golf season is a time for hope, when we truly believe that our best golf lies ahead of us. However, we should also have realistic expectations and be prepared for what can happen. For that reason, let's take a look at the unplayable ball rule (Rule 28).

The rule starts with two key qualifiers: (1) that the rule may be used anywhere on the course except in a water hazard (as water hazards have their own unique relief (Rule 26)), and (2) that the player himself is the only one who may deem his ball unplayable (so, for this example, his caddie may not deem the player's ball to be unplayable). In the 19th century, there was one version of the unplayable ball rule that was much more confrontational (keeping in mind that golf was originally a match-play game): If a player thought his ball was unplayable, his opponent had the option of disagreeing and playing the ball himself. If the opponent were able to dislodge the ball into playable lie within three strokes, the player had to count those strokes as his own; if the opponent was not able to get the ball into a playable lie in three strokes, the opponent had to count the strokes as his own!

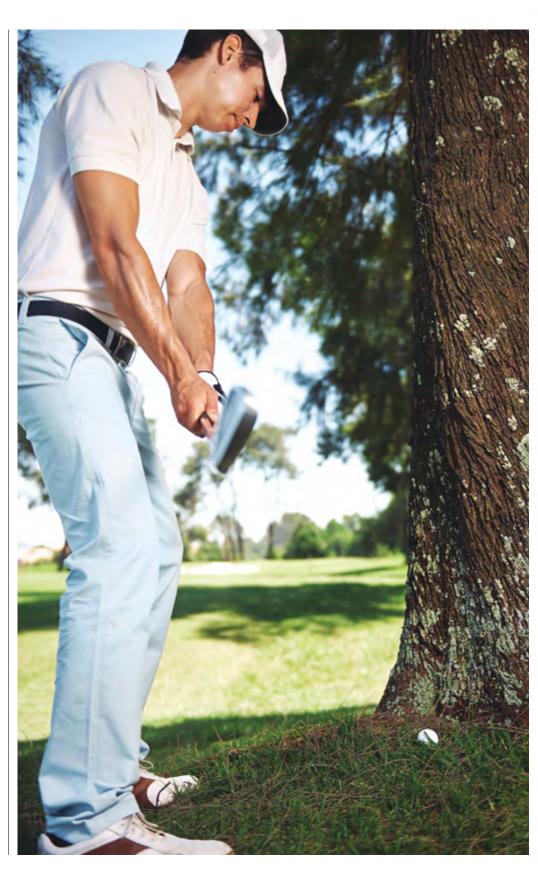
The first option for an unplayable lie is to proceed under penalty of stroke-and-distance (i.e., to return to the spot of the previous stroke with one penalty stroke). This option is usually the least desirable one, but occasionally it is the wisest.

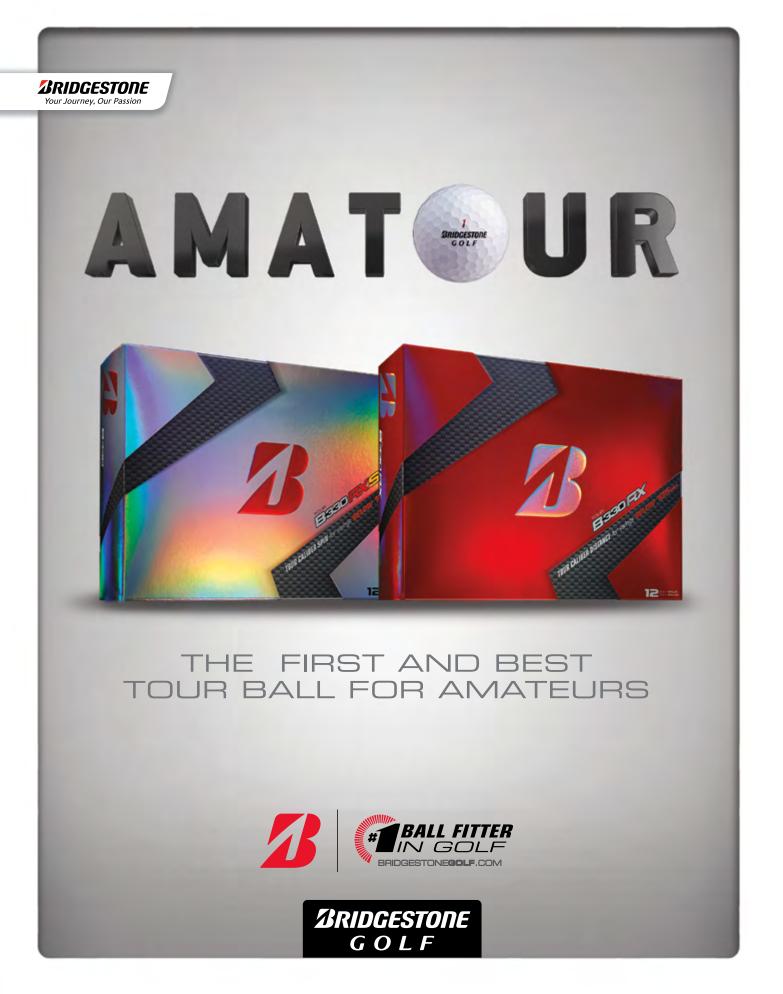
The second option is to drop a ball, with a penalty stroke, behind the spot where the ball lay unplayable, keeping that point between the hole and where he drops a ball.

The third option is to drop a ball, with a penalty stroke, within two club-lengths of the unplayable lie, not nearer the hole.

If the unplayable ball lies in a bunker (e.g., buried under the lip), the player may use any of the above three options. However, if he uses the second or third option, he must drop a ball in the bunker.

It is important to keep in mind that none of the three options guarantee the player a playable lie for his next shot. Therefore, the player is often better off invoking this rule sooner rather than later when in a pickle.





#### **Unfading Brilliance at** Lawsonia's Links

ON THE ROAD

**Greg Jourdan** 

lisconsin became a golf destination long before the world came to play golf at Blackwolf Run, Whistling Straits, and Erin Hills. Green Lake has drawn golfers for 86 years, namely to play The Links at Lawsonia, an iconic design from golf's Golden Age. Students of golf architecture continue to be mesmerized by the creation of William Langford and Theodore Moreau. While the two men are rarely recognized with the veneration and celebration granted other golf course designers from their era, Langford and Moreau achieved perfection in this resort community.

Before designing The Links at Lawsonia, both men travelled to Scotland for inspiration. The intricacies of pure links golf abound at Lawsonia's treasured track. The course is quite spacious, with trees on only three holes. Much like Seth Raynor's Chicago Golf in Wheaton, the fairway mounding, bunkers, and green sites are full of zeal. Indeed, one could easily mistake The Links Course at Lawsonia as one of Raynor's masterpieces. While you cannot play Raynor's Chicago Golf without an invitation, the magic at Lawsonia is open to all and just a three-hour drive from Chicago.

The Links Course is a chess match for par on and around quirky, green complexes. At 6,853 yards from the back tees, the difficulties increase as you near the green. Each hole concludes with a tilted, birthday cake-shaped green. On hole seven, a boxcar is rumored to be buried underneath the dance floor, for reasons now lost to history. These are not the turtleback greens of Pinehurst #2, nor are they the postage stamps of Donald Ross. The greens are pushed up as much as 15 feet, and the putting surfaces resemble a warped vinyl record. If you find yourself standing over a straight putt longer than a free throw, then you landed on the garden spot. Following the philosophy of the era, Langford and Moreau believed that an off-center tee shot should be forgiven, while punishing an ill-flighted approach shot was fair game to an arduous recovery. On The Links, a 300-yard drive is fruitless if you cannot steer your irons.

The Links has withstood the test of time, assuring Langford and Moreau's place in golf's history. Over the years, the course has added a few yards to lengthen the challenge, but the fidelity to the original design is intact. The golf world is saturated with hyperbole, but Lawsonia's Links is truly one of the most engaging experiences that you can have on a golf course.

Lawsonia is also home to The Woodlands course. The course is a stark contrast to The Links course. The Woodlands is a journey through a hardwood forest with plenty of rolls and elevations to excite Illinois golfers. With views of Green Lake and Judson Tower, which dates back to the property's original owner, the course is stimulating to the senses with abundant wildflowers and wildlife.

Especially memorable are the second and third holes. The third hole is a par 3 with serious elevation to a sporty green, while the second hole traverses a long, deep ravine. While I recommend playing The Links repeatedly until vou head home, consider at least one round at The Woodlands. It is a solid test for all golfers, but, understandably, it will forever be in the shadows of its neighbor's brilliance.

Lodging at Green Lake covers the spectrum of preferences. The Heidel House Resort & Spa [www.heidelhouse.com] is a quiet, lakeside retreat that will satisfy the finicky traveler and battle-worn golfer to equal satisfaction. With modern amenities and impossibly comfortable beds, you cannot go wrong with a Heidel House reservation.

For eats, the Goose Blind Bar and Grill (www.gooseblind.com) is the most popular local restaurant and hangout. You cannot miss with their NY Strip Steak and Chef's Mac-n-Cheese, not to mention a few pints of Spotted Cow. If you're looking for a genuine Wisconsin supper club, Norton's of Green Lake (nortonsofgreenlake.com) has the best Friday fish fry; other evenings their signature Canadian walleye is spot on after a day on

Green Lake has the golf and food ready, now you just need to rally your foursome and escape to Wisconsin.

The Golf Courses of Lawsonia W2615 S. Valley View Drive Green Lake, WI 54941 920-294-3320 www lawsonia com











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### **Building a Foundation** with the 3 Ps

THE FITNESS EDGE

**Brad Jourdan** 

The foundation of a solid education has been described as the three Rs: reading, 'riting, and 'rithmetic. Golfers looking to cultivate a foundation for a solid swing should consider an exercise program with the three Ps: push-ups, pull-ups, and planks. Each exercise works multiple muscle groups and can optimize your golf swing along with reducing your chance of injury.

Push-ups are great to strengthen the chest, shoulders, and triceps, along with promoting stabilization in the abdominal and back muscles. For the basic push-up, your hands should be slightly wider than your shoulders as you keep your body in a straight line. The exercise can be modified in several ways, but the most basic adaptation is a narrow or wide hand placement. The closer together your hands are, the more you will emphasize the shoulders and arms. The wider your hand placement the more you emphasize the chest. To increase focus on the upper chest and shoulder muscles, place your feet on

the seat of a chair, and if you are working on core stabilization, then simply lifting one leg during the push-up will be a challenge.

Pull-ups work the muscles in the back, chest, shoulders, arms, and forearms. The main variations of pull-ups are an overhand grip with hands facing away, or a reverse grip with hands facing towards your body. The overhand grip will emphasize the back muscles, whereas the reverse grip will recruit more of the arm muscles such as the biceps. If you struggle doing a pull-up, feel free to place one leg on a chair to assist. Don't worry; if you cannot do a full-weight pull-up...you are in the majority.

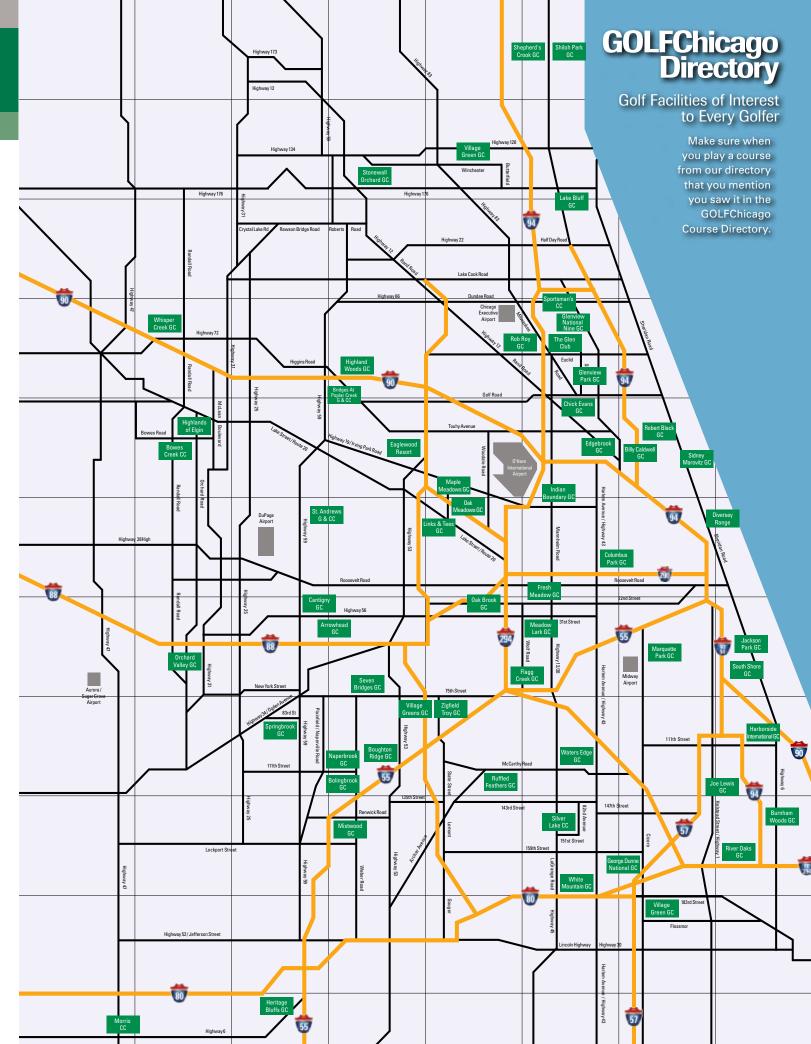
For push-ups and pull-ups, consider picking two versions of each exercise and performing 10 to 20 repetitions three times a week. You should feel fatigued, but any muscle soreness should be gone in two days. If not, then cut the reps in half and build from there. If you have wrist problems, use push-up bars to ease the pressure.

Planks work the core muscles, the shoulders, and the upper arm muscles. Planks also strengthen the trunk muscles while keeping your spine in a neutral position, decreasing your chance of injury. To perform a basic plank, position yourself face down on your elbows and toes, while you keep your body in a straight line. You can start by performing five to ten reps holding each for five seconds, and depending on your level of soreness, you can modify your reps from there.

I have mentioned just a few options for the three exercises, but there are many. A quick internet search will give you more variations and ideas. The golf season is just beginning, but it is not too late to prime your body and build the foundation to support a sweet swing all summer long. Remember, to make your exercise program complete you will also need to strengthen the legs. Next issue we will complete our exercise foundation with squats and lunges.

Golf well!







#### Arrowhead

630-653-5800 26W151 Butterfield Rd. Wheaton, IL 60189 arrowheadgolfclub.org

Arrowhead Golf Club is recognized for its beautifully maintained course and inviting atmosphere.

Arrowhead is a public course which offers impeccable golfing conditions at affordable rates on three separate par 72 18-hole lavouts surrounded by forest preserve. The West, East, and South Courses feature new bunker renovations and enhancements. The practice area includes a lighted driving range, putting green, and chipping green. Group and individual golf lessons are available.



#### **Bolingbrook Golf Club**

630-771-9400 2001 Rodeo Dr. Bolinabrook, IL 60490 bolingbrookgolfclub.com

Bolingbrook Golf Club features a championship golf course designed by Arthur Hills and Steve Forrest, an exceptional practice facility with a learning academy, stateof-the-art GPS-equipped golf carts, and a 76,000 square-foot clubhouse with men's and women's locker rooms, lounges, two full-service restaurants, and full banquet facilities. Memberships are available.

Bolingbrook Golf Club was named #28 in the 2010 Golf World Readers' Choice Awards for best public course in the country; named to the 2009 Golfweek Best Courses You Can Play list; and received 4½ stars from Golf Digest.



#### **Bowes Creek Country** Club

847-214-5880 1250 Bowes Creek Blvd. Elgin, Illinois 60124

bowescreekcc.com bowescreekcountryclub.com

Here at Bowes Creek Country Club, our patrons are not treated like an everyday customer. You can buy a membership for the year or you can pay to be a Member for a Day! Instead of standard green fees, we offer a daily membership. The Member for a Day Fee will allow you to play unlimited golf with cart, and allow you full use of the practice facility. There will be no limit to the amount of golf you can play that day because you are ... Member for that Day!



#### **Cantigny Golf**

630-668-8463 27w270 Mack Rd. Wheaton, IL 60189 cantignygolf.com

Designed by Roger Packard, Cantigny is both challenging and breathtakingly scenic.

Cantigny Golf's Red Oak Club loyalty program rewards customers with free golf and other benefits. New for 2016 is the Young Executive Program with reduced green fees for golfers 35 and under. The Red Oak Club and Young Executive Program are each free to

Cantigny's 27 holes are ideal for outings ranging from 16 to 220 golfers.

The course employs a full-time golf-event coordinator to ensure an exceptional experience for planners and quests.



#### **Glenview Prairie Club**

847-657-1637 2800 W. Lake Ave. Glenview, IL 60026 golfglenview.com

Glenview Prairie Club features golf course conditions like no other nine-hole course around. Meticulously maintained yet very affordable. The Glenview Prairie Club offers four sets of tees to challenge every golfer, and a 90-minute pace of play for those quick rounds. The course is fun and enjoyable for new and seasoned golfers alike.



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Chicago - Lincoln Park 773-871-4653

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Des Plaines 60016 847-299-5431

Downers Grove 60515 630-932-4653 Fox Valley 60505

630-723-5215 Naperville 60563

630-579-9390

Oakbrook Terrace 60181 630-396-2020

Schaumburg 60173 847-517-1845

Vernon Hills 60061 847-327-0605



#### Harborside International G.C.

312-782-7837 11001 S. Doty Ave. East Chicago, IL 60628 harborsidegolf.com

Located just south of the loop in the City of Chicago, Harborside features two championship-style links courses designed by renowned architect Dick Nugent.

Harborside is home to Chicago's largest practice facility, a prairie-style clubhouse, and The Pier at Harborside restaurant.

Harborside's Port and Starboard courses rank annually among the Midwest's list of best courses you can play.



#### The Highlands of Elgin 847-931-5950 875 Sports Way Elain, IL 60123 highlandsofelgin.com

The new Quarry nine and the Original nine holes flow over beautiful rolling terrain, creating a diverse collection of holes. The new nine holes reclaim an old stone quarry, and are routed to take maximum advantage of the unique and dramatic landforms that were left behind. Four holes hug the top of the bluff thirty to forty feet above the water, providing golfers with incredible views and numerous shot options on each hole.



#### **Chicago Park District** Golf

312-245-0909 cpdgolf.com

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- Sydney R. Marovitz:
- Jackson Park: 18 Holes
- Columbus Park: 9 Holes
- Marquette Park: 9 Holes
- South Shore: 9 Holes
- Diversey Range The only double-deck range in Chicago.



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#### forestpreservegolf.com

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- Chick Evans: 18 Holes
- Edgebrook: 18 Holes
- George Dunne National: 18 Holes
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- Highland Woods: 18 Holes
- Indian Boundary: 18 Holes
- Joe Louis: 18 Holes
- Meadowlark: 9 Holes
- River Oaks: 18 Holes



#### The Glen Club

847-724-7272 2901 W. Lake Ave. Glenview, IL 60026 theglenclub.com

Chicago's finest semiprivate golf experience.

The Glen Club is a stunning Tom Fazio designed championship course located on the former site of the historic Glenview Naval Air Station. In the heart of a 195-acre refuge, The Glen Club features rolling terrain, dramatic elevation changes, tranquil lakes, and striking vistas.

Enjoy the grand 48,000 sqare-foot clubhouse, superb dining, 21 overnight quest rooms, a grand ballroom, and the finest in corporate amenities and membership.



#### **Glenview Park Golf** Club

847-724-0250 Shermer Rd. Glenview, IL 60025 aolfalenview.com

Experience pure golfing enjoyment at the Glenview Park Golf Club, After a complete renovation in 2014-2015, the course has re-opened to rave reviews. Bent grass from tee to green, rolling fairways, and meticulous landscapes await you on this 18-hole, 6,133 yard par-70 course. The Glenview Park Golf Club offers the amenities of a private club, but is open to the public and close to home.



#### **Lake Bluff Golf Club**

847-234-6771 355 W Washington Ave. Lake Bluff, IL 60044 lakebluffgolfclub.com

Located on the scenic North Shore of Chicago, Lake Bluff Golf Club offers a beautiful and challenging layout in a traditional parkland setting. The course measures 6,589 yards from the back tees and offers three additional sets of tees to accommodate all skill levels. Lake Bluff Golf Club takes great pride in the immaculately conditioned bentgrass fairways and greens. Other amenities include a full-service golf shop, private and group instruction, and an exceptional dining experience at the new Hel's Kitchen. The club hosted the

44th Annual Lake County Amateur.



#### Mistwood Golf Club

815-254-3333 1700 W. Renwick Rd. Romeoville, IL 60446 mistwoodgc.com

Mistwood Golf Club, with its recent multimillion dollar renovations and new state of the art golf-learning center, has become one of the premier golf experiences in the Chicagoland area

Mistwood, host of the Illinois Women's Open. features new Scottish-style stacked sod-wall bunkers. which are not something seen in traditional American golf. Other amenities include a full-service pro shop, golf instruction, and wonderful dining

- Golf Magazine's "2013 Best U.S. Renovation You Can Play"
- Golf Range Association of America "2013 Top 50 Golf Ranges.



#### Naperbrook **Golf Course**

630-378-4215 22204 W. 111th St./ Hassert Blvd. Plainfield, IL 60585 golfnaperville.org

Located in Plainfield, scenic Naperbrook Golf Course is a "links style" course that features rolling hills, native prairie grasses, and wide fairways. Challenges in the way of ponds, a double green, and hidden bunkers await golfers of all levels. Additional amenities include a ten-acre driving range, separate lesson tee, and practice putting greens. Enjoy post-game refreshments on the picturesque patio; Naperbrook also offers lessons, outings, a wellstocked golf shop, and much more.



#### **Oak Brook Golf Club** 630-368-6400 oak-brook.org/recreation

18 Holes – Par 72 Yardage: 5341 - 6541 The Oak Brook Golf Club is a classic playing experience with a superb blend of challenges where every hole requires solid shotmaking from tee to green. The par 4s will utilize every club in the bag; the par 3s are a devilish balance of risk and reward; and the par 5s offer multiple playing strategies from conservative to bold ... and all on manicured greens and fairways. The course features a well-stocked pro shop, delightful grill and outdoor patio, men's and women's locker rooms. expansive all-grass driving range with three chipping and putting greens, and six PGA teaching professionals.





#### **Orchard Valley Golf** Course

630-907-0500 2411 W. Illinois Ave. Aurora, IL 60506 orchardvalleygolf.com

6th Best Public Course in Illinois by *GOLF Magazine*. One of Chicagoland's best public courses, Golf Digest ranks Orchard Valley 41/2 Stars! A true championship layout featuring wetlands, lakes, roughs, water hazards, marshes, and more.

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#### **Rob Roy Golf Course**

847-253-4544 505 E. Camp McDonald Rd. Prospect Heights, IL 60070 robroygc.com

Winding through 51 acres, the beautiful 9-hole Rob Roy Golf Course will chállenge golfers at any skill level. The 3,022-yard course is narrow and treelined, requiring accuracy with water, sand traps, and other strategicallyplaced obstacles around the course. Rob Roy also includes a lighted driving range with 52 hitting stations. Bring the whole family for mini golf, and grab lunch overlooking the course at the 10th Hole Bar & Grille. There is something for everyone at Rob Roy!



#### St. Andrews Golf & **Country Club**

2241 Route 59 West Chicago, IL 60185 630-231-3100

standrewsqc.com

36 Holes: Course #1: par 71, 5116-6920 yards Course #2: par 72, 5341-6818 yards Located 30 miles west of Chicago in West Chicago. Since 1926, Chicago-area golfers have sought out Št. Andrews for its two championship courses and top-ranked Practice Center. With its vast rolling terrain, mature trees, and historic setting, St. Andrews offers quality facilities for discerning golfers, golf outings, and leagues, as well as permanent tee times. Guests will also enjoy premium range balls, motor carts with tablet



#### **Silver Lake Golf** Course

14700 82nd Avenue Orland Park, IL 60462 708-349-6940 x4 www.silverlakecc.com

Silver Lake Golf Course is the premiere public golf course of the Chicago southland. Family owned and operated since 1927, the course features 36 championship-golf holes, a natural-grass driving range, and a dedicated shortgame area. Silver Lake GC is also home to the award-winning "Rolling Hills," named Chicago's #1 Sporty 9 for almost twodecades.



**Blackberry Oaks** 630-553-7170 Bristol, IL 60512 blackberrvoaks.com

**Bonnie Brook GC** 

847-360-4735 2800 N. Lewis Ave. Waukegan, IL 60087 waukegangolf.org

**Boughton Ridge** 630-739-4100 Bolingbrook, IL 60440

#### **Green Meadows Golf Club**

630-810-5330 18 W. 201 W. 63rd St. Westmont, IL 60559 **DuPageGolf.com** 

Par 30 Yardage: 1,888 - 1,545 vds. Weekday: \$14 walk \$22 ride Weekend: \$16 walk

\$24 ride \*Frequent specials on course website Discount Program: Yes Jr./Sr. Rates: Yes Twilight Rates: No Banquets/Outings: No

#### **Kids Golf Foundation** of Illinois

Golf Changes Kids' Lives 630-466-0913 P.O. Box 610 Sugar Grove, IL 60554 kidsgolffoundation.org

**Links & Tees Golf Facility** 630-458-2660 Addison, IL 60101

Recognized in 2011 by Golf Range magazine as one of the Top 100 Learning Facilities in North America. addisonparks.org

#### **Maple Meadows Golf Club**

630-616-8424

272 Addison Rd. Wood Dale, IL 60191 DuPageGolf.com West 18 - Par 70 Yardage: 6,438 - 5,339 yds. Weekday: \$32 walk/\$49 ride Weekend: \$41 walk/\$58 ride \*Frequent specials on course website

East 9 – Par 34 Yardage: 2,815 - 2,427 yds. Rate: \$16 walk / \$25 ride Discount Program: Yes Jr./Sr. Rates: Yes Twilight Rates: Yes Banquets/Outings: Yes

#### Oak Meadows **Golf Club**

630-595-0071 900 N. Wood Dale Rd. Addison, IL 60101 DuPageGolf.com

Par 71 Yardage: 6,718 - 5,628 yds. Weekday:\$32 walk/\$49 ride Weekend: \$41 walk /\$58 ride \*Frequent specials on course website Discount Program: Yes Jr./Sr. Rates: Yes Twilight Rates: Yes Banquets/Outings: No

#### Sentry World

866-479-6753 Stevens Point, WI 54481 18 holes Par 72 6,951 yards sentryworld.com

Shepherd's Crook 847-872-2080 351 N. Green Bay Rd. Zion, IL 60099 shepherdscrook.org

**Shiloh Park** 847-746-5500 23rd and Bethesda Blvd. Zion, IL 60099 shilohparkgolf.com

**Western Golf Association** / Evans Scholars Foundation

westerngolfassociation.com

**Zigfield Troy Par 3** 630-985-9860 1535 W. 75th Street

Woodridge, IL 60517w

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#### **Course Managers:**

For inclusion in this directory, or to update your listing, please call 815.741.8005 or email us at

dweretka@golfchicagomagazine.com



#### **Springbrook Golf Course**

630-848-5060 2220 W. 83rd St. Naperville, IL 60564 golfnaperville.org

Springbrook Golf Course commands some of the finest views of Naperville's open space and trails. Built in 1974, the facility features a challenging 18 holes, 28-stall natural turf driving range, two practice putting greens, and a short-game practice green with bunkers. Golfers of all skill levels return time and again to play. Enjoy post-game refreshments on the picturesque patio; Springbrook also offers lessons, outings, a wellstocked golf shop and much more.



#### **Stonewall Orchard**

25675 W Highway 60 Grayslake, IL 60030 847-740-4890 stonewallorchard.com

Cutting through hundredyear old oak and pine trees, Stonewall Orchard Golf Club has quickly become one of Chicago's most prolific public golf courses.

Since opening in 1999, The Arthur Hills-designed gem located in northwest suburban Gravslake has served as Final Stage Qualifying site for the U.S. Open and currently sits in rotation with Olympia Fields and Medinah Country Club as host site for the Illinois PGA Section Championship held every April.



GPS, and selections from J.J.'s Bar & Grill.

#### Water's Edge Golf Course

7205 West 115th Street Worth, IL 60482 708-671-1032

watersedgegolf.com Rated Best Places To Play

By Golf Digest. Water's Edge is Chicago's south side destination course. This championship 18-hole golf course offers bent grass greens and fairways, and a complete day/night practice and range facility, along with The Edge Bar & Grill for great meals and daily specials.

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#### **Whisper Creek Golf** Course

12840 Del Webb Boulevard Huntley, IL 60142 847-515-7680

#### whispercreekgolf.com

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#### **White Mountain Golf** Park

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#### **Commonalities of Greatness**

ON THE SHELF

**Between the Covers** 

#### **You Can Bring Me Flowers**

**Stephen Hawk** 

#### The Anatomy of Greatness

By Brandel Chamblee 121 pages \$30

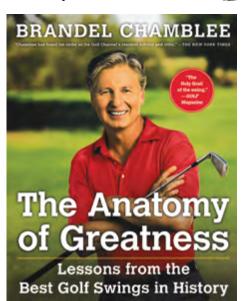
ISBN: 13:9781501133015 www.simonandschuster.com

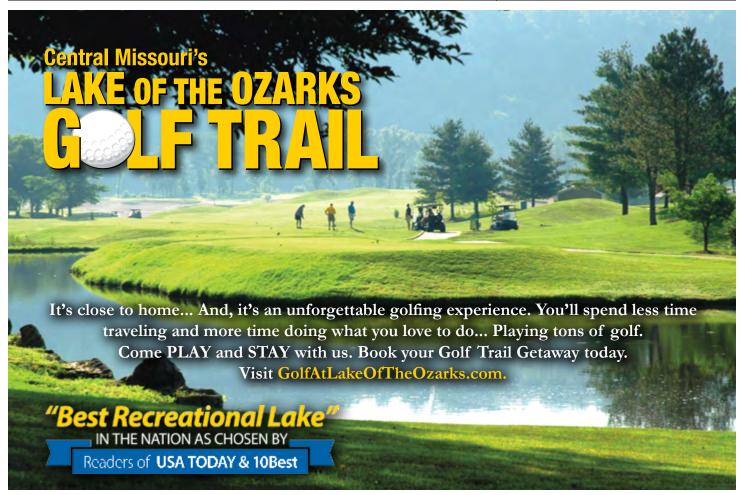
oe Six-pack will never look like Jason Day through impact. Brandel Chamblee, the former PGA Tour star and television analyst, doesn't suggest Joe can repeat the swings of Hogan, Nicklaus, and Woods, but his first book does provide a researched perspective that will help every golfer understand the principles of an effective and efficient golf swing.

Chamblee provides insights to how the game's best players have shared similar positions at each part of the swing. Getting to those positions requires a Herculean effort and focus, but Chamblee's knack for communicating the swing's intricacies makes it understandable for golfers of all ages and playing abilities. Anatomy of Greatness is loaded with hundreds of photographs that show each player's commonalities, while Chamblee walks readers through a "Harvard of golf" analysis.

While comparisons like the strong grip of Jack Nicklaus, Byron Nelson, and Tiger Woods is easily understandable, Chamblee's side-by-side breakdown of LPGA legend Mickey Wright and Tiger Woods and the trinity of the shoulders during the initial move away is compelling. This element, and each chapter, proves the universal message of the commonalities among golf's greatest swingers. Chamblee's Anatomy of Greatness goes beyond the nuts and bolts of the golf swing; he has supported his thesis with visual evidence from the players who define golf's professional legacy. Ben Hogan's Five Lessons: The Modern Fundamentals of Golf fascinated and educated three generations of golfers; Brandel Chamblee's first book

promises to take golf's fundamentals to golf's next champions.





rotea [PROH-tee-uh] (sometimes also called sugarbush) is the national flower of South Africa. It was named after the Greek god Proteus, who could change his form at will, because the flowers have such a wide variety of forms.

Taking its inspiration from the flower, Protea the winery is on a mission to make wines that dare to be exotic and beautiful in every way.

The winery is located in the Franschhoek [FRAHNSH-hoook] Valley, about 45 miles due east of Cape Town on South Africa's western coast. Franschhoek, which translates to "French Corner," was first settled by French Huguenots in the latter part of the seventeenth century, but quality wine production there is a relatively recent phenomenon. Encircled by the mountains that form the Drakestein Valley, Franschhoek is a highly-regarded, cool-climate wine ward (growing area), which historically has particularly favored white-wine grapes, especially sémillon, chardonnay, and sauvignon blanc.

A popular tourist destination, Franschhoek draws visitors for its many fine-dining restaurants as well as its wines.

Protea is especially proud of their bottles. They were designed by Cape Town native Mark Eisen. An internationally recognized fashion designer, he has now turned his attention to artistic glass. Using an advanced screen-printing process in which nontoxic ink fuses with the glass at a very high temperature, Eisen was able to transfer his evocative designs directly onto and wrapped around the bottle.

Protea encourages their customers to repurpose rather than merely recycle the bottles, using them to hold floral displays, olive oil, candles, etc.

Protea also hosts a blog on their Web site. The blog is for "social, adventurous, and creative women." It provides accessible wine knowledge, simple entertaining tips, and easy crafting ideas, giving women "the confidence to entertain affordably and sustainably."

2014 Protea Chenin Blanc This 100% Chenin Blanc is light-blond in the glass. It shows aromas of fresh, crisp

fruit, especially citrus. This continues on to

the palate, where you'll find hints of pear, grapefruit, honeysuckle, and melon. The wine is medium bodied, with well-integrated supporting acidity. An excellent choice for the warm weather just around the corner.

Try this with Citrus Terrine with Orange Coulis, Frisée Salad with Bacon and Poached Egg, or Scallops with Endive. 2012 Protea Red Blend \$17

Happily, pinotage, South Africa's workhorse red, is not to be found anywhere near this blend of 53% cabernet sauvignon and 47% merlot. This medium-bodied, ruby-hued wine starts out with delicate suggestions of tea and espresso on the nose. The flavor basket of dark stone fruits is augmented by cocoa-

This wine would like to go with Chicken in Red Wine, Rabbit with Mustard Sauce, or Steak Frites, a truly classic pairing.

like tannins and a medium-length finish.



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#### **Don't Push It**

**AGAINST** THE GRAIN



Within seconds of my wife saying she was pregnant—after a few joyous expletives—one of my first thoughts was, "I hope he loves golf." Actually, at the time it was more like, I hope "it"

To be clear, my thought wasn't, "I really hope it wins the Masters" or even "I hope it beats all the other kids," although I'd be fine with either, or both.

But yes, initially it was a purely selfish thought, in the same way all parents want their kids to like and do the things they like and do. This obsession with our kids following our passions is a relatively recent phenomenon. Historically, people had kids in order to milk more cows and shuck more corn so the family could survive the winter; children were utilities rather than embodiments of our desires. Remember, a baby goat is called a kid.

Now though, just pop in to any youth soccer match or baseball game or dance recital, and what you'll see is a bunch of adults swelling with pride (and sometimes envy, and sometimes even shame) over their kids' performance. This is not to suggest that all parents use their kids as pawns to carry out their unfulfilled dreams; it's actually more insidious. I think we've been sold that the more our kids are "involved" in "activities" the more likely they'll be to become as passionate as we are—and if they snag a D-1 scholarship in the process, we'll take it.

Which brings us back to my son Sam's future as a golfer. My uncle, who introduced me to the game, says 'don't push.' He did everything he could to get his son hooked, and the more he pushed, the more his son pivoted to other pursuits—he became a triathlete-pianist. My father-in-law wanted so badly for my wife to play that he taught her with the intensity of a tour-level coach, breaking down the nuances of the swing and critiquing her every move until he completely squeezed out all of the fun of the game.

When I ask my father-friends for the key to getting your child into something you love, they respond with some version of: "Your kid is going to do what your kid is going to do. All you can do is expose him to a bunch of things and support him in what he likes."

I might be naive, but that answer doesn't sit well. I want Sam to be an avid reader. Doesn't that depend on how much I read with him? I want him to eat healthily. Doesn't that depend on how I eat in front of him? I want him to not be a jerk...you follow.

So how is golf any different? If he grows up around the game and sees the spiritual, emotional, physical, and social benefits it provides his father, will he not adopt it as part of his DNA? I'm sure that finding the balance between pushing too hard and not pushing enough is not easy in sport, let alone child rearing, but I want to believe that certain passions are just too good to not love. Yes, I'm biased, but it's not like I'm hoping he grows up to love Grand Theft Auto or reality TV.

As any parent will attest, having a child completely reshapes your world. It's like going from an old, blurry 13-inch standard definition television to a 65-inch HD. Your priorities and your weaknesses come into such sharp focus that sometimes you have to look away or your eyes will water. Extraneous interests and relationships begin to fall by the wayside and what's left is what really matters. I submit that the guys who say "You'll stop playing once you have kids" never loved the game the way I do.

Our pediatrician said something before Sam had even left the womb that has stuck with me. Andrea and I were asking her for recommendations of great parenting books. She smiled as if she'd heard it a thousand times. "You want to know the key to parenting? Enjoy your child. Just have fun with him."

Any golfer knows that the same principle applies to playing well—if you focus on enjoying what you're doing and stop analyzing and questioning every decision, you tend to play better. Less wind-checking, more grabbing club and swinging. Less plumb-bobbing, more having a quick look at the line and trusting your instinct. Less shaking your head over a birdie putt, more smiling at the bladed chip-in for bogie.

If there's another activity that is so clearly a metaphor for life and allows me to spend hours at a time with my son, I haven't seen it. Fishing is a close second, but I'm bad at it, and I have a compulsive fear of getting lost in the woods.

Sam is eight-months-old now, so he's starting to develop a little personality. I try to imagine what kind of player he would be, what kind of disposition he would have on the course. He strikes me as a Ryan Moore type: laid back but laser-focused when it matters most.

Or maybe that's just how I see myself. There I go, awash in self-indulgence. Now if you'll excuse me, I'd like to put a golf ball in Sam's crib. But we have a parenting book that says it might be a choking hazard.

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